

How Healthy Start Helps

Healthy Start Southwest Florida is a non-profit, 501(c)(3) serving Collier, Glades, Hendry, and Lee Counties since 1992. Our goals are to:

- Reduce the number of infant deaths
- Reduce the number of premature or low birth weight babies
- Improve health and developmental outcomes for young children

We help ensure moms and babies have access to needed medical care, health education, and other community services to help give their baby a Healthy Start in life. Last year Healthy Start **served more than 15,000 pregnant women, babies and young children** up to age three who were at higher risk for poor health outcomes. **95 cents of every dollar received went to services in our local community.**



Services include:

- Education and support for pregnant women, babies, and their families
- Screenings for health and developmental outcomes
- Parenting, childbirth, nutrition, and breastfeeding education
- Special programs for teen mothers
- Prenatal medical care for the uninsured in rural areas
- Help for families with substance exposed newborns.

Find out more about how you can help at:

www.HealthyStartBaby.org

\$500 can help a new mother receiving home visiting services

\$300 can help an uninsured pregnant woman receive prenatal medical care

\$100 can help a needy family with diapers and supplies for their new baby

\$50 can buy a bed for a baby that does not have a safe place to sleep

\$40 can help a pregnant woman receive gestational diabetes education and testing supplies.

Donations may also be mailed to: Healthy Start Southwest Florida, 1921 Jefferson Avenue, Fort Myers, Florida, 33901