

Hospital Lactation

Bayfront Health Port Charlotte	941-766-4340 941-766-4414	NCH	239-552-7546
Cape Coral Hospital	239-424-2246	Palms West Medical Center	561-753-4259
Gulf Coast Medical Center	239-343-0658	St. Marys Medical Center	561-882-4814
Health Park Medical Center	239-343-5186	Wellington Regional	561-798-8664
Breastfeeding/Childbirth Classes	239-343-5271	West Boca Medical Center	561-488-6166

Websites

www.womenshealth.gov/itsonlynatural/

<http://globalhealthmedia.org/videos/breastfeeding>

<http://www.flbreastfeeding.org/>

<http://www.usbreastfeeding.org/>

<http://www.lllusa.org/>

www.llli.org

www.skintoskincontact.com

www.bestforbabes.com

www.bfmed.org

www.infantrisk.com

www.kellymom.com

www.fda.gov/Medical_Devices/

<https://med.stanford.edu/newborns/professional-education/breastfeeding.html>

www.healthychildren.org



Childbirth organizations

Southwest Florida Birth Network

We host events and support meetings for new and expected parents exploring their birth options. Look for our Mothering Tent at local events. Visit us at: www.SWFLBirthNetwork.org

International Cesarean Awareness Network

(ICAN) is a nonprofit organization whose mission is to improve maternal-child health by preventing unnecessary cesareans through education, providing support for cesarean recovery, and promoting Vaginal Birth After Cesarean (VBAC)

<http://www.ican-online.org/>

800-686-ICAN ext. 207 (Lee County)

International Childbirth Education Association

<http://icea.org/>

Healthy Start

Is a voluntary participation program to identify needs you may have during your pregnancy. You are welcome to fill out a questionnaire which will help us identify your needs and connect you with resources in your community such as childbirth, breastfeeding, and parenting classes; maternity and baby clothes; food resources, and diapers, to name just a few.

If you are interested, feel free to call us. If you get our message line, please leave your name and number so we can call you back. We look forward to hearing from you. ☺

Main Line

239-425-6920

Customer Service

800-883-1959

<http://www.healthystartswfl.com/>