

Southwest Florida Breastfeeding Resources

We are here to support you!

In the United States, it is recommended that women with HIV or AIDS not breastfeed, as the virus can be passed to their baby through breast milk. If you do not know your HIV status, please ask your health care provider for an HIV test.

This institution is an equal opportunity provider.



Breastfeeding in Public

Mothers can breastfeed babies and children in any location, public or private. Mothers can breastfeed whether or not the mother's nipple or breast is covered when breastfeeding.

House bill no. HB 231 Fl. ALS 4; 1993 Fla. Laws ch. 4; 1993 Fla. HB 231 Fla. Stat. § 383.015, § 800.02 - 800.04, § 847.001 (later: § 827.071)

How to Find a Lactation Professional

IBCLE Registry

<http://ibclce.org/resources/ibclce-registry/>

CLC Registry

<https://www.alpp.org/index.php/search>

Florida Department of Health WIC Breastfeeding

Charlotte County	941-624-7210
Collier County	
Naples	239-252-6875
Golden Gate	239-455-1931
Immokalee	239-252-5531
Hendry/Glades Counties	
Clewiston	863-983-1494
LaBelle	863-674-4078
Lee County	
WIC Breastfeeding Welcome Center	239-332-9615

La Leche League

Charlotte County	
Jocelyn	941-416-3124
Fort Myers	
Kathy	239-834-8390
Hendry County	
Maria	863-612-6264
http://www.llusa.org/locator/florida/	
Naples	
Laurie	239-404-4933
Lina *Spanish speaking	239-287-5368
Ashlee	865-696-6353
	239-348-8934

Breastfeeding USA Southwest Florida Chapter

Lauren 850-491-3001
<http://breastfeedingusa.org>

<http://llsunshinestate.org/naples/>

The Affordable Care Act requires most health insurance plans to provide breastfeeding equipment and counseling for pregnant and new moms. This means you can get support from a lactation consultant and a breast pump — one you can rent or buy, depending on your plan — at no cost to you.

www.healthcare.gov

Hospital Lactation

Bayfront Health Port Charlotte	941-766-4340 941-766-4414	NCH	239-552-7546
Cape Coral Hospital	239-424-2246	Palms West Medical Center	561-753-4259
Gulf Coast Medical Center	239-343-0658	St. Marys Medical Center	561-882-4814
Health Park Medical Center	239-343-5186	Wellington Regional	561-798-8664
Breastfeeding/Childbirth Classes	239-343-5271	West Boca Medical Center	561-488-6166

Websites

www.womenshealth.gov/itsonlynatural/

<http://globalhealthmedia.org/videos/breastfeeding>

<http://www.flbreastfeeding.org/>

<http://www.usbreastfeeding.org/>

<http://www.lllusa.org/>

www.llli.org

www.skintoskincontact.com

www.bestforbabes.com

www.bfmed.org

www.infantrisk.com

www.kellymom.com

www.fda.gov/Medical_Devices/

<https://med.stanford.edu/newborns/professional-education/breastfeeding.html>

www.healthychildren.org



Childbirth organizations

Southwest Florida Birth Network

We host events and support meetings for new and expected parents exploring their birth options. Look for our Mothering Tent at local events. Visit us at: www.SWFLBirthNetwork.org

International Cesarean Awareness Network

(ICAN) is a nonprofit organization whose mission is to improve maternal-child health by preventing unnecessary cesareans through education, providing support for cesarean recovery, and promoting Vaginal Birth After Cesarean (VBAC)

<http://www.ican-online.org/>

800-686-ICAN ext. 207 (Lee County)

International Childbirth Education Association

<http://icea.org/>

Healthy Start

Is a voluntary participation program to identify needs you may have during your pregnancy. You are welcome to fill out a questionnaire which will help us identify your needs and connect you with resources in your community such as childbirth, breastfeeding, and parenting classes; maternity and baby clothes; food resources, and diapers, to name just a few.

If you are interested, feel free to call us. If you get our message line, please leave your name and number so we can call you back. We look forward to hearing from you. ☺

Main Line

239-425-6920

Customer Service

800-883-1959

<http://www.healthystartswfl.com/>