

# Healthy Start

## SOUTHWEST FLORIDA

# COMMUNITY BABY SHOWER

Sponsored by **Humana**  
Healthy Horizons  
in Florida

**Saturday, October 25th, 2025**

10:00 am - 12:00 pm

**Park Alliance Church**  
7469 San Carlos Blvd.  
Fort Myers, FL 33967

This **FREE** event is for expecting women and parenting families with babies up to 2 months.

**Topics include:**

- prenatal/post-natal care
- breastfeeding
- infant safety
- child development

**Limited Spots. Must Register**

To register please call **239-425-6920**,  
or send an e-mail to **maria@healthystartswfl.com**

