

# Healthy Start

SOUTHWEST FLORIDA

## COMMUNITY BABY SHOWER

Thursday, March 26th, 2026

10:30 am - 1:00 pm

Northwest Regional Library

519 Chiquita Blvd N

Cape Coral, FL 33993

This **FREE** event is for expecting women and parenting families with babies up to 2 months.

**Topics include:**

- prenatal/post-natal care
- infant safety
- breastfeeding
- child development

**Limited Spots. Must Register**

To register please call **239-425-6920**,  
or send an e-mail to [maria@healthystartswfl.com](mailto:maria@healthystartswfl.com)

